

OFFICE ON MINORITY HEALTH

September Newsletter

September is Baby Safety Month, sponsored annually by the Juvenile Products Manufacturers Association (JPMA). This year, JPMA is helping educate parents and caregivers on the safe selection and use of juvenile products, while encouraging those around us to become safety ambassadors through civic engagement. [Click Here to Learn More](#)



For the most updated information on COVID-19 click below:

[COVID-19 Information](#)

[How to Be Physically Active While Social Distancing](#)

Getting physical activity can be a challenge while staying at home. However, it's possible—and important—to be physically active while social distancing. Physical activity reduces blood pressure and anxiety and helps you sleep better. It can also help to improve mood and energy level

[Read More](#)

Join us for our virtual Office of Minority Health Advisory Meeting on October 19th at 11am, Register by clicking here!

Summit County Public Health | 1867 W. Market St., Akron, OH 44313

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