

OFFICE ON MINORITY HEALTH

July Newsletter



Masks for MOMS wants to get reusable cloth face masks to the moms and moms-to-be who need them in the Akron area. The aim of the Masks for MOMS campaign is to ensure that pregnant people and people in labor and delivery have access to face masks at their prenatal visits and when they arrive at hospitals for delivery.

Even though masks do not provide absolute protection from COVID-19, all individuals are encouraged by the CDC to wear masks when they leave their homes. Those attending prenatal care visits in person and moms about to give birth will also benefit from the reduced stress that is likely to come from wearing a mask in their interactions with their prenatal healthcare providers.

How it works

1. Make a CDC approved mask(s)
2. Drop-off mask(s) at one of our donation locations
3. Masks are delivered to local healthcare providers
4. Masks are provided to Mom's at their prenatal visit and/or when they arrive at the hospital for delivery

To Date

Over 1,000 masks have been donated to the program with close to half of those already being distributed. For more information, click on the links below.

[Masks for MOMS](#)

[COVID-19 Information](#)

CLOTH MASK CARE INSTRUCTIONS

WASH

Washing Machine

- Masks can be washed with your regular laundry, using laundry soap and warm water

By Hand

- Prepare a disinfecting bleach mixture of 4 teaspoons bleach and 1 quart (4 cups) of water
- Soak mask in bleach mixture for 5 minutes
- Rinse in cool or room temperature water

DRY

- Place in dryer on the highest heat setting until completely dry
- Air dry, lying flat on a clean surface, and in direct sunlight if possible

Ohio COVID-19 Minority Health Strike Force

Throughout the COVID-19 pandemic, evidence has shown that communities of color have been disproportionately affected by the virus, especially African American and Latino communities. To respond to and help address these disparities, the State of Ohio has created the Minority Health Strike Force. The objectives of the strike force are to: stop the progression of the disease, evaluate and document the impact of the disease, remedy factors that contribute to the spread and procure resources to prevent a resurgence.

Testing Centers in Ohio



LOCAL PRODUCE IN SEASON

Lettuce
Asparagus
Mustard Greens
Peaches
Nectarines
Peppers
Peas
Summer Squash
Tomatoes
Plums
Potatoes
Eggplant
Green Beans
Kale

[More Info](#)

MINORITY MENTAL HEALTH MONTH

Despite advances in health equity, disparities in mental health care persist. The **Agency for Healthcare Research and Quality (AHRQ)** reports that racial and ethnic minority groups in the U.S. are less likely to have access to mental health services, less likely to use community mental health services, more likely to use emergency departments, and more likely to receive lower quality care. Poor mental health care access and quality of care contribute to poor mental health outcomes, including suicide, among racial and ethnic minority populations.

[Continue Reading](#)

Summit County Creating Healthy Communities Program

Eden's Blessings Garden and Stadelman Community Garden have been planted and are growing great!





The ShadowPlay Flower was installed at Cadillac Park with more improvements coming soon!

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