



National Minority Health Month



The theme for this year's National Minority Health Month is Give Your Community a Boost! The theme focuses on the continued importance of COVID-19 vaccination, including boosters, as one of the strongest tools we can use to protect communities from COVID-19, which has disproportionately

affected communities of color. CDC data show that some racial and ethnic minority groups — particularly Black or African American, Hispanic or Latino, and American Indian or Alaska Native people are at increased risk of getting sick, having more severe illness, and dying from COVID-19. Give Your Community a Boost! also supports the many other efforts happening in communities across the country to advance health equity.

For more information on National Minority Health Month visit the link below:

[Minority Health Month](#)

National Public Health Week



During the first full week of April each year, The American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week as a time to recognize the contributions of public health and highlight issues that are important to improving our nation's health. Every year, the

Association develops a national campaign to educate the public, policymakers and practitioners about issues related to each year's theme. APHA creates new NPHW materials each year that can be used during and after NPHW to raise awareness about public health and prevention. The 2022 National Public Health Week (NPHW) theme is "Public Health is Where You Are."

For more information visit the link below:

[National Public Health Week 2022](#)

Virtual Cooking Classes



CHEF DANNIKA STEVENSON

PRESENTS:

HEALTHY AND TASTY

ONE SHEET CHICKEN

ONE SHEET CUISINES!

Minority Health Month Virtual Cooking Classes

Funded by the Ohio Commission on Minority Health

04.07.2022 & 04.20.2022

6:00-7:00PM

Scan the code to sign up!



Office of Minority Health



The Office of Minority Health in collaboration with Sip Savor Soul, LLC are hosting TWO virtual cooking classes. Join us on April 7th, 2022, and April 20th, 2022 for a one-sheet tasty recipe! There will be fun giveaways and a Q & A session! Scan the QR code to sign up! Spots are filling fast so don't wait!

Annual Minority Health Fair



FREE BUS PASSES - RAFFLES AND PRIZES - FREE & OPEN TO THE PUBLIC

MINORITY HEALTH FAIR

Funded by the Ohio Commission on Minority Health

Wednesday April 27th, 2022
10AM-2PM

METRO Transit Center, 631 S. Broadway St.,
Akron, OH 44311



Show this flyer (paper or digital) to the bus operator for a **FREE RIDE** on any regular METRO fixed-route bus from 8 am – 5 pm on Wednesday, April 27th. The free fare does not apply to METRO Demand response services (SCAT, Call-A-Bus, FlexRide), or Northcoast Express services.

The Office of Minority Health Annual Minority Health Fair is back! With over 20 vendors and free giveaways, we will be highlighting Minority Health. Our theme this year is "Health is Wealth." There will be free haircuts, personal trainers, healthy eating tips, and MORE! Save the date for our Annual Minority Health Fair, April 27th!

"We Love Our Babies" Baby Shower

"WE LOVE OUR BABIES" BABY SHOWER

For expectant individuals and/or with a child up to 18 months

WHEN: APRIL 28TH, 2022 2-5PM

WHERE: 1040 E TALLMADGE AVE AKRON, OH 44310

MUST BE REGISTERED IN
ORDER TO RECEIVE DIAPERS

<http://tiny.cc/weloveourbabieshower>



METRO WILL PROVIDE FREE RIDES TO AND FROM THE EVENT. SHOW THIS FLYER UP TO 2 HOURS BEFORE AND 2 HOURS AFTER TO YOUR DRIVER.



Are you or someone you know pregnant or have a child up to 18 months? Join us for a community baby shower on April 28th from 2-5pm at 1040 E.

Tallmadge Ave Akron, OH 44310. Registration must be completed by Monday April 18th.

Follow the link for registration information:

Free Food Distribution in Akron and Summit County



The Akron-Canton Regional Foodbank at 350 Opportunity Parkway in Akron has a monthly drive-thru food distribution. The grocery giveaway takes place on the first Thursday of every month from 1pm-2pm. Listed below are the dates of the drive-thru food distribution.

April 7, 2022

May 5, 2022

June 2, 2022

July 7, 2022

August 4, 2022

September 1, 2022

October 6, 2022

November 3, 2022

December 1, 2022

Minority Health Month Local Event Calendar

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Keep In Mind...

Your health matters!
Take care of your mind, body, and soul.



During the month of April, there are over 20 events happening. Some of the events include: children's art classes, job fairs, mental health symposiums & more!

Follow the link below for a list of events happening throughout Summit County during Minority Health Month.

[Minority Health Month Local Event Calendar](#)

CONNECT WITH SUMMIT COUNTY PUBLIC HEALTH

